

Psalm 148:1-13

- ¹ Praise the LORD!
Praise the LORD from the heavens;
praise him in the heights!
- ² Praise him, all his angels;
praise him, all his hosts!
- ³ Praise him, sun and moon,
praise him, all you shining stars!
- ⁴ Praise him, you highest heavens,
and you waters above the heavens!
- ⁵ Let them praise the name of the LORD!
For he commanded and they were created.
- ⁶ And he established them forever and ever;
he gave a decree, and it shall not pass away.
- ⁷ Praise the LORD from the earth,
you great sea creatures and all deeps,
- ⁸ fire and hail, snow and mist,
stormy wind fulfilling his word!
- ⁹ Mountains and all hills,
fruit trees and all cedars!
- ¹⁰ Beasts and all livestock,
creeping things and flying birds!
- ¹¹ Kings of the earth and all peoples,
princes and all rulers of the earth!
- ¹² Young men and maidens together,
old men and children!
- ¹³ Let them praise the name of the LORD,
for his name alone is exalted;
his majesty is above earth and heaven.

God Our Creator

A big part of the Christian faith is praising or worshipping God, but, some days, or even some seasons of life we look at our circumstances and it's honestly a struggle to praise God. We know we should praise Him...but when everything around is crumbling, what makes Him worthy of our praise? Where can we go to be reminded of His great power?

1. Read through Psalm 148:1-13 and mark every reference to the **LORD** (*him, he, his*).

Reflect: Who or what praises God?

Reflect: If you had to boil it down to one word, who in this Psalm praises God?

2. Read through Psalm 148:1-13 again, and underline the **reasons** why God is to be praised.

Reflect: What did God do that makes Him worthy of our praise?

When life seems to get you down and you are struggling to praise God, what can you look to as a reminder of His great power and might?