

Psalm 16

Preserve me, O God, for in you I take refuge.

² I say to the Lord, “You are my Lord;

I have no good apart from you.”

³ As for the saints in the land, they are the excellent ones,

in whom is all my delight.

⁴ The sorrows of those who run after another god shall multiply;

their drink offerings of blood I will not pour out

or take their names on my lips.

⁵ The Lord is my chosen portion and my cup;

you hold my lot.

⁶ The lines have fallen for me in pleasant places;

indeed, I have a beautiful inheritance.

⁷ I bless the Lord who gives me counsel;

in the night also my heart instructs me.

⁸ I have set the Lord always before me;

because he is at my right hand, I shall not be shaken.

⁹ Therefore my heart is glad, and my whole being rejoices;

my flesh also dwells secure.

¹⁰ For you will not abandon my soul to Sheol,

or let your holy one see corruption.

¹¹ You make known to me the path of life;

in your presence there is fullness of joy;

at your right hand are pleasures forevermore.

God Our Portion

Each day, we are in need of something. Depending on circumstances, we may find ourselves in need of counsel, protection, joy, security, or instruction. With these varying needs, where can we turn? How can these needs be met?

1. Read Psalm 16 and mark every reference to **God** with a triangle. (*God, you, Lord, He, Your*)

Reflect: What do we learn about the Lord in this passage? What things do we see Him do for the writer of the Psalm?

2. Read Psalm 16 again and this time, underline references where we see **the psalmist doing or not doing something**. (See example in v. 1).

Reflect: What has the psalmist determined to do or not do? What does this show us about his relationship to the Lord, and other gods?

Reflect: Where does the psalmist seek counsel, protection, joy, security and pleasure?

Today, no matter the circumstance, where can we turn for counsel and instruction? Who can show us the path of life? What will be our source of joy and pleasure? Today, we can declare with the psalmist:

*“I say to the Lord, “You are my Lord;
I have no good apart from you.”*